

# MSOTA

*Mississippi Occupational Therapy Association*

P.O. Box 4916  
Jackson, MS 39296-4916

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Jackson, MS  
Permit No. 80

# MSOTA

*2008 MSOTA Annual Spring Conference  
Saturday, March 1 and Sunday, March 2  
UMC Conference Center  
at the Jackson Medical Mall*

*Pre-Conference Student Reception  
and Poster Session  
Friday Night, February 29  
UMC Student Union*

**Registration Form**  
**2008 MSOTA Spring Conference**  
**March 1-2, 2008**

2007-2008 MSOTA Member:  OT  OTA  Student

Non-Member  OT  OTA  Student

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email: \_\_\_\_\_ (will be used to send confirmation)

Employer: \_\_\_\_\_ Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Conference Cost and Payment:**

MSOTA Member (current 2007-2008)  \$250  Student: \$25

Non-Member  \$350  Student: \$75

I will be attending:  2 days  1 day  Saturday or Sunday (please circle)

I will be attending the poster session:  yes  no

Please check the appropriate amount and enclose a check or provide credit card information below.

Type Credit Card:  Visa  Master Card

Credit Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Pre-registration required before February 25. Fax form to 601-853-9564 or mail to MSOTA, P.O. Box 4916, Jackson, MS 39296-4916. Questions: Jan Entrekin at MSOTA@comcast.net or 601-853-9564.**

MSOTA is pleased to announce the 2008 spring conference featuring **Dory Sabata, OTD, OTR/L, SCEM, Research Scientist at the Center for Assistive Technology and Environmental Access at Georgia Institute of Technology and Clinical Assistant Professor, at the University of Kansas Medical Center, Department of Occupational Therapy Education.** Dr. Sabata's current research is in the area of workplace accommodations as part of the Rehabilitation Engineering Research Center on Workplace Accommodations. Previously she was involved with raising awareness of home modifications for aging-in-place and fall prevention efforts. For more than 10 years, her work has focused on the needs of older adults. She has been a direct service provider in both residential and employment settings for older adults and persons with developmental disabilities before returning to graduate school to become an occupational therapist. Her research interests include understanding how environmental features and assistive technology can maximize occupation for people with disabilities including aging populations at home and in the community.

## Agenda

Saturday, March 1, 8:00 a.m. - 5:00 p.m.

8 hours of continuing education credit

### **An Environmental Perspective on Occupational Performance**

The environment affects our participation in society (Christiansen & Baum, 2004). Increasingly, the population is aging, and baby boomers are beginning to recognize the need for features in their home that support them over time, particularly since they indicate a desire to continue to live in their own homes (Bayer & Harper, 2000). Occupational therapists understand how to assess the needs of people who have functional difficulties and can work with building professionals to identify and implement environmental interventions. In order to meet individual needs, a space or place may need to be modified to address the abilities of that individual. Participants in this session will learn how occupational therapy practitioners and other professionals can work together to provide clients an environment that will meet their needs regardless of age or ability.

When planning for a group or population of users, universal design principles (Center for Universal Design, 1997) can be considered preferably during the initial construction of a space/place. Regardless of whether people have changes in abilities with aging or health conditions which can affect their functioning, by applying universal design principles, these professionals can create a living environment that addresses both the functional abilities of the potential users and the functional design of the home and/or community environment.

*Learning objectives:* By the end of this session participants will be able to:

- Identify the role of occupational therapy practitioners in environmental modifications
- Describe the person-environment interaction and how it affects health, activities and participation.
- Recognize the meaning of objects and place to individuals
- Compare home modifications, universal design and visitability
- Identify potential environmental barriers that limit occupational performance
- Utilize communication strategies to work with other disciplines to create environments that are accessible and promote occupational performance
- Recognize some intervention strategies for facilitating occupational performance by using environmental modifications

Sunday, March 2, 8:00 a.m. - 12:00 noon.

4 hours of continuing education credit

### **Reducing Fall Risk to Maximize Occupational Performance**

Falls are common among older adults and particularly the oldest old. Falls and fall-related injuries can result in people reducing their participation in their occupations. This session will provide an overview to some of the research and best practices of a multifactorial approach to fall prevention. Participants will also learn about state initiatives, the National Falls Free initiative, and the accompanying resources that have been developed to guide fall risk reduction efforts.

*Learning objectives:* By the end of this session participants will be able to:

- Identify 4-5 modifiable risk factors for falling
- Compare 2-3 assessment tools for assessing fall risk
- Describe 3-4 components in a multifactorial plan for reducing fall risk
- Recognize strategies of 2-3 states that are attempting to create statewide change in fall prevention
- Identify 3-5 ways to get involved in fall prevention efforts at the local, state or national level

### **Friday Night, February 29**

#### **Pre-Conference Student Reception and Poster Session**

**UMC Student Union**

**6:00 p.m. - 8:00 p.m.**

Occupational therapy professionals and students will be presenting at a pre-conference poster session that will offer two hours of continuing education credit. Posters on research, treatment, non-traditional practices areas and other activities directly related to the promotion of occupational therapy will be on display. The continuing education credit is offered at no cost. To receive the credit, each participant will be required to view all of the posters and receive verification from the presenters.

**Continuing Education Hours:** 12 hours for the 1 and 1/2 day conference  
2 hours for the poster session

<b>Registration Fees:</b> Current MSOTA Member (April 1, 2007 – March 31, 2008)	\$250
Non-Members	\$350
Current Student Member	\$ 25
Student Non-Member	\$ 75

Participants may attend only one day of the conference but there is no separate one-day registration fee.

### **Conference Participant Discount on 2008-2009 Membership**

Conference participants will receive a discount on their 2008-2009 MSOTA membership! OT rate will be \$50 and OTA will \$40. Plan to renew your membership at the conference.